



Flexiwell Group
FLEXIBLE WELLNESS SOLUTIONS

Leadership Coaching

BE EXTRAORDINARY

SCHEDULE OF SERVICES

YOUR COACH

With 30 years of professional expertise, Maria Model, is not your traditional coach. Her unique career journey across education, psychology, counseling, business and leadership coupled with her passion for helping others, truly affords you the opportunity to find and sustain your change.

WHAT TO EXPECT

Coaching is a partnership between you and your coach, and to maximise your outcomes, Maria takes a collaborative and individualised approach. You will achieve your career and business goals by design: through clear objectives and a prescribed pathway underpinned by your motivation and desire for change.

Maria offers room for reflection and strategies specifically chosen for the individual whilst nurturing self-driven accountability.



Try coaching today, book your first 45 min session on us!

CHOOSE YOUR STARTING POINT

01

SELF

Resilience, future focus, career development, emotional Intelligence.

Best for students, change of career, thinking of starting a business, or emerging leaders.

Options:

Hourly Rate

Monthly Subscription

2-3 sessions per month + email & phone support*

5 Session Bundle

Prices vary, please call us to discuss

02

PEOPLE

Building high performing teams and positive culture, 'Coach the Coach'

Best for supervisors/middle managers.

Options:

Hourly Rate

Monthly Subscription

2-3 sessions per month + email & phone support*

5 Session Bundle

Prices vary, please call us to discuss

03

BUSINESS

Building your own business or managing a company. Best for senior managers and executive, or a business owner/ director

Options:

Hourly Rate

Monthly Subscription

2-3 sessions per month + e-mail & phone support*

5 Session Bundle

Prices vary, please call us to discuss

*terms and conditions apply



CONTACT US

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DELIVERY MODES